DAVID MARTINS

Dave Martins is in recovery from drug and alcohol abuse and struggled with depression and anxiety disorder for many years and from a young age he secretly battled anorexia. He founded Project Kurarama, a Christian out-reach that speaks primarily into matters of substance abuse and mental health. His desire for people and communities is that they will come to know their identities not through the definitions of their pasts. Through his work at Kurarama, Dave has spent four years listening to the questions from children and teens in many schools around Zimbabwe, has hosted a number of public forums and has journeyed with many families through difficult conversations as they navigate their way to recovery.

